

Celebrate Project First Step's 35th at Summer Concert!



A special summer afternoon concert to raise funds for the 35th Anniversary Celebration of Project First Step will be held Sun., July 20 from 1 to 5 pm on the rolling lawn of Rutherford Hall, 1686 Rt. 517, Allamuchy. This event, originally scheduled at Jack's Barn and relocated due to zoning issues, will offer food and wine and beer concessions, and feature some extraordinary music by Michael Long, Steve Kirchuk, Jon Male, and our own Pentley Holmes, who works with our consumers in the day program.

This event benefits both PFS and WNTI Public Radio from Centenary College (91.9/FM). Partial proceeds will fund the PFS 35th Anniversary on Sept.14 at Hawk Pointe. There, current and former PFS families and staff and other guests will enjoy an afternoon reunion and ice cream social.

Tickets for Music at The Hall on July 20 are \$20 age 21 and older and are available online at www.arcwarren.org or by calling Kevin Guyette at The Arc Foundation Office at 908-689-7525 x212. Tickets also will be available at the gate. No pets and no coolers, please. Lawn chairs/blankets suggested.

Produced by Kennedy Event Services and sponsored by Computer Images Web LLC.

From the Desk of Robert A. Pruznick, CEO **What Makes A Good Doctor?**

"What do I want in a doctor? Perhaps more than anything else - a friend with special knowledge." John Steinbeck

Since the mid 1990's our chapter of The Arc has benefitted immeasurably from the simple fact that a very good doctor chose to live in Warren County. Due to this fortunate accident of residency we have been able to make significant progress addressing the disparities facing individuals with intellectual and developmental disabilities relative to appropriate medical treatment. The Report of the U.S. Surgeon General's Conference on Health Disparities and Mental Retardation, *Closing the Gap: A National Blueprint to Improve the Health of Persons with Mental Retardation* (Office of the Surgeon General, 2002) highlighted significant inadequacies in meeting this population's health care needs and found that individuals with ID/DD experience poorer health and have less access to medical care than the general population. A major concern is the shortage of qualified, trained health care professionals with in-depth knowledge of the specialized health and mental health needs of this population. Doctor Phillip May has been the godsend who helped close this gap in our rural corner of the state.

Because of his conscientious involvement, a Development Medicine Clinic was created at Coventry Family Practice in Phillipsburg. Shortly thereafter this specialized community-based medical capacity was later complemented by the establishment of Adaptive Dental Associates at the same location. Whenever consumers in our residential program needed intensive out of home treatment for complicated maladies, Dr. May was always willing to take charge of their cases through medical respite placements at the Hunterdon Developmental Center where he was the chief medical officer. (Continued on page 2)

What Makes a Good Doctor? (Continued from front page)

Invariably, our people experienced excellent health outcomes. Our residential department gained significant competence in developing in-home care plans under his guidance. His willingness to share his expertise gave us confidence to take on significant challenges. Additionally, Dr. May was passionate about recruiting other physicians to become knowledgeable and comfortable with this subset of humanity. As a result, family practice medical residents at Coventry are exposed to our programs and our people through a routine rotation at our agency.

So in answer to the question leading this column, I must report that Phil May fulfills all the relevant measures of a good physician – empathetic, a good listener, compassionate, humble, effective, tenacious, inquisitive, collaborative, intelligent and observant. He has been a great champion for our consumers and their families and a good personal friend as well.



Recreation Takes Washington by Storm

The Arc's Recreation Services Dept. offered a four-day visit to our nation's capitol in March, with a popular stop at Madame Tussaud's Wax Museum. What better place to capture photos of Steve Yurga with Albert Einstein, Chip Firth with President Harry S. Truman, and Robyn Bridgman and Mona Kerwit with Dr. Martin Luther King? A lot of ground was covered in just four days, leaving everyone happy and tired after a fun-filled weekend.

For more information about Recreation Services, please contact Director Meghan Moyer at 908-689-7525.

Reserve Your Place Now!

**ARC GOLF CLASSIC
MON., AUGUST 25**

SAVE THE DATE !



**MONDAY
August 25, 2014**

Hawk Pointe Golf Club

234 Rt.31 South, Washington, NJ 07882

To benefit Arc programs for children and adults who have intellectual & related developmental disabilities.

**\$175 per player
Special sponsor packages available.**

Hurry! Event sells out early !
Reservations with payment by Aug.10

Reservations:
The Arc Foundation
PO Box 389, Washington, NJ
07882
908.689.7525 x 212

THE ARC OF WARREN COUNTY

319 W. Washington Avenue
Post Office Box 389
Washington, New Jersey
07882



**SINCE 1954,
PROVIDING QUALITY
SERVICE AND SUPPORT
TO PEOPLE WITH
INTELLECTUAL AND
RELATED
DEVELOPMENTAL
DISABILITIES.**

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Visit us online:
www.arcwarren.org



The Arc Foundation

The Arc Foundation is pleased to welcome Panther Valley resident Chris Rosa to its Board of Directors.

Chris is a senior account executive with Elite Title Group, LLC of Lyndhurst and brings with him a wealth of business experience as well as a deep commitment to The Arc and assisting The Arc Foundation in providing for its future. New to the board, he already has demonstrated great enthusiasm and support of the Foundation's numerous fundraising activities for 2014. Welcome, Chris!

The Arc Foundation welcomes members. If you or someone you know have an interest in serving on the board or on one of several standing committees, please contact Foundation President Michael S. Selvaggi or Foundation Director Kevin Guyette at 908-689-7525 x212.

Coming up:

Music at The Hall: Sun., July 20 at Rutherford Hall, Allamuchy. (See page one)

19th Annual Golf Classic: Mon., Aug.25 at Hawk Pointe Golf Club, Washington.

Project First Step 35th Anniversary Reunion: Sun., Sept.14, Hawk Pointe Golf Club.

The Arc's 60th Anniversary Gala: Sat., Nov.1 at Hawk Pointe Golf Club.

Rossi Family of Trees: Thurs., Dec.13 at Rossi Chevrolet, Washington